

Asthma & Allergy Institute of Michigan
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These antihistamine medications must be stopped 4 days before scratch or intradermal testing is performed:

Actdil	Atrohist	Deconamine	Fedahist	Periactin	Sudafed Plus Antihistamine
Actifed	Axid	Dimetane	Fexofenadine	Phenergan	Tagamet
Advil PM	Benadryl	Dimetapp	Hydroxyzine	Polyhistine D	Tavist
Allegra	Benylin	Doxepin	Nolahist	Ranitidine	Triaminic
Allerest	Chlor-Trimenton	Dramamine	Nyquil	Rondec	Tylenol PM
Aleve PM	Cimetadine	Drixoral	Omnihist	Ru-Tuss	Vistaril
Antivert	Comhist	Dura Vent DA	Patanase	Rynatan	Zaditor Eye Drops
Astelin	Comtrex	Efidac-24	Pataday	Rynatuss	Zantac
Astepro	Contac	Elavil	Patanol	Sinequan	
Atarax	Coricidin	Extendryl	Pepcid	Sinutab	

These antihistamines must be stopped 7 days before scratch or intradermal testing:

Alavert	Claritin	Zyrtec
Cetirizine	Claritin D	Zyrtec D
Clarinx (deloratadine)	Loratadine	Xyzal (levocetirizine)

*Some types of antidepressants (tricyclic antidepressants) can interfere with scratch testing. **Please do not stop any drugs without consulting the prescribing physician.** Please call our office regarding any questions regarding which medications must be discontinued for the different types of allergy testing.

*Some prescription and over the counter allergy eye drops many contain antihistamines (Zaditor, Alaway, Optivar, Pataday, Patanol, Elestat, Bepreve, etc.). **Please stop antihistamine containing eye drops at least 3 days before allergy scratch testing.**

ZANTAC/RANTADINE, PEPCID/FAMOTIDINE, AXID/NIZATIDINE, TAGAMET/CIMETADINE (medications that are commonly used to treat gastritis, ulcers, and upset stomach) contain antihistamine properties and ***THESE MEDICATIONS SHOULD BE STOPPED 4 DAYS PRIOR TO SCRATCH TESTING. Proton pump inhibitors such as Nexium, Omeprazole, Prilosec, Prevacid, Lansoprazole, Aciphex, Rabeprazole, and Dexilant do not need to be stopped before scratch testing.***

The following nasal sprays containing antihistamines must be discontinued 4 days before testing: Astelin/Azelastine Nasal Spray, Patanase/Olopatadine Nasal Spray, Dymista Nasal Spray (contains Azelastine).

Intranasal topical steroid sprays such as Flonase (fluticasone), Nasacort (triamcinolone), Veramyst, Nasarel (flunisolide), Q-nasal (beclomethasone), Omnaris/ Zetonna (ciclesonide), Rhinocort (budesonide), Nasonex (mometasone) **do not need to be discontinued for allergy testing.** Also, non antihistamine containing decongestants such as plain Pseudoephedrine, plain Mucinex or plain phenylephrine **may** be continued.

NOTE: ASTHMA MEDICATIONS SHOULD NOT BE STOPPED PRIOR TO ALLERGY SCRATCH TESTING INCLUDING: SINGULAIR/MONTELUKAST, ACCOLATE/ZARFILUKAST, ZYFLO, OR DAILY ASTHMA INHALERS.

If you have any questions regarding which medications need to be stopped before various types of allergy testing is performed, please contact our office. We would like to thank you in advance for choosing our office. Please feel free to contact us at 586-286-9010 with any questions or concerns.