

Asthma & Allergy Institute of Michigan New Patient Checklist

	Complete all forms prior to your office visit.
	Please bring along with you a list of current medication(s), your insurance card(s), photo identification and a referral, if needed.
	An allergy consultation typically takes 2 – 2¼ hours. If you have small children, we recommend that you make arrangements for childcare. It is our experience that small children who are not here for their own appointment do not tolerate being in the office for that long of a time period.
	Obtain any records prior to your visit, which would be clinically useful (EG. previous skin test results, labs, biopsies, x-rays etc.).
	<p>Check with your insurance carrier prior to your visit regarding allergy testing coverage. You can verify your coverage with the number of the back of your insurance card. Typical allergy codes are 95004, 95024, 99203 (consultation), and 94010 (breathing test). <u>Please see "Frequently Asked Questions" handout for additional codes.</u></p> <p>Also, please ask your insurance carrier the following questions:</p> <ol style="list-style-type: none"> 1. What is my annual deductible? 2. Has my deductible been met for the year? 3. What is my copay for the following services? <ol style="list-style-type: none"> a. Specialist visit b. Testing c. Allergy extract d. Allergy injections 4. Do I need a referral?
	Do not apply lotions, perfume or cologne on the day of testing or any subsequent visits.
	Stop antihistamine medications 7 days prior to testing. Please see the " <i>Medications to Avoid</i> " handout for a detailed list. IT IS IMPORTANT TO CONTINUE TAKING ALL OTHER MEDICATIONS THAT YOU HAVE BEEN PRESCRIBED!
	<p>Please inform the staff prior to testing if:</p> <ul style="list-style-type: none"> • You have taken any antihistamines in the past week, including those used for heartburn (ex: Zantac, Pepcid, Tagamet) or other medications listed in the "<i>Medications to Avoid</i>" handout, as they may affect testing results. • You think you may be pregnant • You are taking a beta blocker medication, commonly used for high blood pressure, cardiac arrhythmias, and glaucoma. Examples of common beta blockers include Timolol (Timoptic), atenolol (Tenormin), labetalol (Normodyme), and Carvedilol (Coreg).
	Please wear layers/short sleeves. We try to make the area as comfortable as we can, but we only have so much control over the temperature. Short sleeves also allow easier access to arms for some of the testing.
	Visit www.aaiom.com for more information, including "Frequently Asked Questions."

Contact the office at 586-286-9010 with any questions or concerns.